

Breakfast & Lunch Menus

Central Montcalm Upper Elementary

K-5 Meal Pattern

Menu items subject to change without notice

Updated

1/8/2024

All students must have a 1/2 cup fruit or vegetable with their meal



Whole Fruit also available daily

BREAKFAST
Served Daily
Free to all students
in the Cafeteria

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Muffin	Pancakes or Fr Toast	Cereal w/ Goldfish	Mini Cinni or Bagelful	Breakfast Pizza
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Milk	Milk	Milk	Milk	Milk

WEEK OF: Salad Bar available containing fresh and canned fruits and vegetables

L	U	N	C	H
Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger/Bun	Calzone
Applesauce	Oranges	Pineapple	Grapes	Fruit Cup
Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

L	U	N	C	H
Macaroni & Cheese	Chicken Tenders	Hot Dog/Bun	Chicken Patty/Bun	Pizza Crunchers
Applesauce	Oranges	Pineapple	Banana	Fruit Cup
Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

L	U	N	C	H
French Toast/Sausage	Chicken Nuggets	Soft Shell Tacos	Ravioli/Cornbread	Pizza
Applesauce	Oranges	Pineapple	Grapes	Fruit Cup
Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

L	U	N	C	H
Pancakes/Sausage	Chicken Tenders	Corn Dog Nuggets	Spaghetti/Breadstick	Mozzarella Sticks
Applesauce	Oranges	Pineapple	Banana	Fruit Cup
Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

This institution is an equal opportunity provider.