

Breakfast



Lunch Menus

Central Montcalm Upper Elementary

K-5 Meal Pattern

Menu items subject to change without notice

Updated

11/6/2023



All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST
Served Daily
Free to all students

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Muffin 100% Juice Milk	Pancakes or Fr Toast 100% Juice Milk	Cereal 100% Juice Milk	Mini Cinni or Bagelful 100% Juice Milk	Breakfast Pizza 100% Juice Milk

LUNCH
Served Daily
Free to all students

2nd Choice Daily:
PBJ/Cheese/Crackers

WEEK OF: Salad Bar available containing fresh and canned fruits and vegetables

L	U	N	C	H
Bosco Sticks/Sauce Applesauce Celery/Carrots	Chicken Nuggets Oranges Potatoes	Doritos Tacos Pineapple Refried Beans Romaine	Cheeseburger/Bun Grapes Cucumber/Tomatoes	Calzone Fruit Cup Broccoli

L	U	N	C	H
11/13/2023 12/11/2023 Macaroni & Cheese Applesauce Celery/Carrots	Chicken Tenders Oranges Potatoes	Hot Dog/Bun Pineapple Baked Beans Romaine	Chicken Patty/Bun Banana Cucumber/Tomatoes	Pizza Crunchers Fruit Cup Broccoli

L	U	N	C	H
11/20/2023 12/18/2023 French Toast/Sausage Applesauce Celery/Carrots	Chicken Nuggets Oranges Potatoes	Soft Shell Tacos Pineapple Refried Beans Romaine	Ravioli/Cornbread Grapes Cucumber/Tomatoes	Pizza Fruit Cup Broccoli

L	U	N	C	H
11/27/2023 Pancakes/Sausage Applesauce Celery/Carrots	Chicken Tenders Oranges Potatoes	Corn Dog Nuggets Pineapple Baked Beans Romaine	Spaghetti/Breadstick Banana Cucumber/Tomatoes	Mozzarella Sticks Fruit Cup Broccoli

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

This institution is an equal opportunity provider.