

Breakfast



Lunch Menus

Central Montcalm Middle School

6-8 meal pattern

Menu items subject to change without notice

Updated

1/8/2024



All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST

Served Daily
Free to all students
6th, 7th & 8th
in the cafeteria
7:10

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Donut or Cereal or Bar 100% Juice Milk	Pancakes or FrToast or Muffin w/Graham 100% Juice Milk	Burrito or Fruedel or Cereal or Bar 100% Juice Milk	Cinnamon Roll or Muffin w/Graham 100% Juice Milk	Breakfast Pizza or Cereal or Bar 100% Juice Milk

Serving lunch to 6th & 7th grade

Salad Bar available containing fresh and canned fruits and vegetables

LUNCH

Served Daily
Free to all students
6th & 7th grade

Other Daily Choices:
Pizza
PBJ/Cheese/Crackers

Staff \$5.05

WEEK
OF:

1/8/2024

2/5/2024

3/4/2024

1/15/2024

2/12/2025

3/11/2024

1/22/2024

2/19/2024

3/18/2024

1/29/2024

2/26/2024

L	U	N	C	H
Bosco Sticks/Sauce	Chicken Nuggets/Roll	Doritos Tacos	Cheeseburger/Bun	Calzone
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Grapes Cucumber/Tomatoes	Cheese Quesadilla 100% Juice Broccoli
L	U	N	C	H
Mozzarella Sticks/Sauce or Boxed Salad	Chicken Tenders/Roll	Hot Dog/Bun/Chip	Spaghetti/Cornbread	Pizza Crunchers
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	Fruit Cup Broccoli
L	U	N	C	H
Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Chicken Leg/Roll	Ravioli/Cornbread
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Grapes Cucumber/Tomatoes	100% Juice Broccoli
L	U	N	C	H
Mac & Cheese/Beef Dippers	Chicken Tenders/Roll	Corn Dog Nuggets or Boxed Salad	Chicken Patty/Bun	Pretzel and Cheese
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	French Toast/Sausage Fruit Cup Broccoli

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

This institution is an equal opportunity provider.