MONDAYS

BREAKFAST

Served Daily Free to all students 6th, 7th & 8th in the cafeteria 7:10

> LUNCH Served Daily

Free to all students

6th & 7th grade

Other Daily Choices: Pizza PBJ/Cheese/Crackers

Staff \$5.05

Central Montcalm Middle School

6-8 meal pattern

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily WEDNESDAYS

THURSDAYS

TUESDAYS

	MONDAY	TOLOURIO	WEDINESDAYS	1110830773	INIUNIS
•	Donut	Pancakes or FrToast	Burrito	Cinnamon Roll	Breakfast Pizza
	or Cereal or Bar	or Muffin w/Graham	or Cereal or Bar	or Muffin w/Graham	or Cereal or Bar
	100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
		Milk		Milk	
	Milk	MIIK	Milk	MIIK	Milk
		Ser	ving lunch to 6th & 7th gro	ade	
WEEK	Salad Bar available containing fresh and canned fruits and vegetables				
OF:	- J	11	N	C	Н
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8/21/2023	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Doritos Tacos	Cheeseburger/Bun	Calzone
9/18/2023					
10/16/2023	Applesauce	Oranges	Pineapple	Grapes	100% Juice
	Celery/Carrots	Potatoes	Refried Beans	Cucumber/Tomatoes	Broccoli
	celel y/ call ors	10141063	Romaine	Cucumber / Tomatoes	Di occon
			Romaine		
	L	U	N	С	Н
8/28/2023	Mozzarella Sticks/Sauce	Chicken Tenders/Roll	Hot Dog/Bun/Chip	Chicken Leg/Roll	Pizza Crunchers
	or Boxed Salad	orneren renders, non	rior bog, bail, onlip	omenen zegi nen	11224 31 411611313
9/25/2023		•	S: 1	•	5 4
10/23/2023	Applesauce	Oranges	Pineapple	Banana	Fruit Cup
	Celery/Carrots	Potatoes	Baked Beans	Cucumber/Tomatoes	Broccoli
			Romaine		
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	<u> </u>	U	N	C	H
9/4/2023	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Hamburger/Bun	Ravioli/Cornbread
10/2/2023				_	
10/30/2023	Applesauce	Oranges	Pineapple	Grapes	100% Juice
10, 00, 2020	Celery/Carrots	Potatoes	Refried Beans	Cucumber/Tomatoes	Broccoli
	celei y/ cai i o is	rolutoes	Romaine	Cucumber / Tomatoes	BI OCCOII
			Romaine		
	1.	U	N	С	Н
9/11/2023	Mozzarella Sticks/Sauce	Chicken Tenders/Roll	Corn Dog Nuggets	Chicken Patty/Bun	Pretzel and Cheese
10/9/2023	MOZZUI EIIU STICKS/ Suuce	Chicken Tenders/Roll	or Boxed Salad	Chicken Larry bun	Therzer and cheese
	Applesauce	Oranges	Pineapple	Banana	Fruit Cup
	Celery/Carrots	Potatoes	Baked Beans	Cucumber/Tomatoes	Broccoli
	celel y/ cull 013	10141063	Romaine	Cucumber / Toma 10e3	ы оссон
			Romaine		

FOR MORE INFORMATION OR ASSISTANCE, CALL: Amy Main Food Service Director 989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard Daily Choice of 1% White or Chocolate milk We use whole grain rich products

This institution is an equal opportunity provider.

Updated

8/1/2023

FRIDAYS