

Breakfast



Lunch Menus

Central Montcalm Elementary

K-5 Meal Pattern

Menu items subject to change without notice

Updated

8/1/2024

first 8 weeks of school

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST		MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Served Daily		Muffin	Pancakes	Cereal w/Goldfish	Mini Cinni or Bagelful	French Toast
Free to all students in the Cafeteria		100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk
LUNCH		Salad Bar available containing fresh and canned fruits and vegetables				
WEEK OF:	L	U	N	C	H	
Served Daily	Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger/Bun	Calzone	
Free to all students	Applesauce	Oranges	Pineapple	Grapes	Peaches	
9/9/2024						
10/7/2024	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli	
WEEK OF:	L	U	N	C	H	
2nd Choice Daily: PBJ/Cheese/Crackers	Beef Dippers/Cornbread	Chicken Tenders	*Hot Dog/Bun	Chicken Patty/Bun	Pizza Crunchers	
*8/19/2024	Applesauce	Oranges	Pineapple	Banana	Pears	
9/16/2024						
Staff \$5.15	Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli	
WEEK OF:	L	U	N	C	H	
8/26/2024	French Toast/Sausage	Chicken Nuggets	Soft Shell Tacos	Cheeseburger/Bun	Pizza	
9/23/2024	Applesauce	Oranges	Pineapple	Grapes	Peaches	
	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli	
WEEK OF:	L	U	N	C	H	
9/2/2024	Pretzel & Cheese	Chicken Tenders	Corn Dog Nuggets	Chicken Patty/Bun	Pizza	
9/30/2024	Applesauce	Oranges	Pineapple	Banana	Pears	
	Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli	

FOR MORE INFORMATION OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.