Lunch Prices

K-5 $2.25

6-8 $2.50

9-12 $3.00

Reduced $0.40

Adults $4.00

Milk only $ .50

Breakfast served daily

# Central Montcalm Elementary

K-5 Meal Pattern

Fruit & Veggie Bar offered daily featuring romaine lettuce, carrots, celery, broccoli, tomatoes, cucumbers, cauliflower, peppers

fresh fruit, canned fruit, raisins

All students must take a 1/2 cup fruit or vegetable with their meal

Menu items subject to change without notice

Daily Choice of 1% White, Skim Chocolate Milk

We use whole grain rich products

Reduced Fat Condiments Available: ranch,french,salad dress,bbq,mustard ketchup,honey must,promise cups

Offered daily:
PBJ/Cheese/Cracker Meal

Just For Fun!
How excited was the gardener about spring?
So excited he wet his plants!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 4/29/2019 | 4/30/2019 | 5/1/2019 | 5/2/2019 | 5/3/2019 |
| Pretzel & Cheese<br>Carrot Coins<br>Applesauce | Chicken Rings w/Roll<br>Hashbrowns<br>Mixed Fruit | Pepperoni Pizza<br>Baked Beans<br>Oranges | Beef Spaghetti w/Breadstick<br>Corn<br>Banana | Corn Dog Nuggets<br>Steamed Broccoli<br>Fruit Juice |
| 5/6/2019 | 5/7/2019 | 5/8/2019 | 5/9/2019 | 5/10/2019 |
| Cheese Pizza<br>Sweet Potato<br>Applesauce | Popcorn Chicken w/Roll<br>Whipped Potatoes<br>Peaches | Doritos Tacos<br>Refried Beans<br>Pears | Macaroni & Cheese<br>Green Beans<br>Banana | Pancakes/Sausage<br>Romaine Lettuce<br>Cinnamon Apple Crunch |
| 5/13/2019 | 5/14/2019 | 5/15/2019 | 5/16/2019 | 5/17/2019 |
| Cheeseburger on a Bun<br>Carrot Coins<br>Applesauce | Chicken Nuggets w/Roll<br>Oven Fries<br>Mixed Fruit | Hot Dog on a Bun<br>Baked Beans<br>Oranges | Turkey & Cheese Wrap<br>Corn<br>Banana | Pepperoni Pizza<br>Steamed Broccoli<br>Fruit Juice |
| 5/20/2019 | 5/21/2019 | 5/22/2019 | 5/23/2019 | 5/24/2019 |
| Chicken Patty/Bun<br>Sweet Potato<br>Applesauce | Popcorn Chicken w/Roll<br>Whipped Potatoes<br>Peaches | Soft Shell Tacos<br>Refried Beans<br>Pears | Cheese Pizza<br>Green Beans<br>Banana | Sack Lunch<br>PBJ, Cheese, Pretzels<br>Carrots<br>Sorbet Cup<br><br>WLAP |
| 5/27/2019 | 5/28/2019 | 5/29/2019 | 5/30/2019 | 5/31/2019 |
| LABOR DAY<br>NO SCHOOL | Chicken Nuggets w/Roll<br>Oven Fries<br>Mixed Fruit | Bosco Sticks/Sauce<br>Baked Beans<br>Oranges | Corn Dog Nuggets<br>Corn<br>Banana | Pepperoni Pizza<br>Steamed Broccoli<br>Fruit Juice |

Free & Reduced meal forms can be obtained from any building office throughout the school year or www.lunchapp.com

Deposits can be make at www.sendmoneytoschool.com

FOR MORE INFORMATION OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

***This institution is an equal opportunity provider.***