

# Breakfast



# Lunch Menus

## Central Montcalm Elementary

K-5 Meal Pattern

Menu items subject to change without notice

Updated  
1/8/2024



All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

### BREAKFAST

Served Daily

Free to all students  
in the Cafeteria

### MONDAYS

Muffin  
100% Juice  
Milk

### TUESDAYS

Pancakes  
100% Juice  
Milk

### WEDNESDAYS

Cereal w/Goldfish  
100% Juice  
Milk

### THURSDAYS

Mini Cinni  
100% Juice  
Milk

### FRIDAYS

French Toast  
100% Juice  
Milk

### LUNCH

Served Daily

Free to all students

2nd Choice Daily:  
PBJ/Cheese/Crackers

Staff \$5.05

### WEEK

OF:

Salad Bar available containing fresh and canned fruits and vegetables

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1/8/2024

Bosco Sticks/Sauce

Chicken Nuggets

Doritos Tacos

Cheeseburger/Bun

Pizza

2/5/2024

Applesauce

Oranges

Pineapple

Grapes

Fruit Cup

3/4/2024

Celery/Carrots

Potatoes

Refried Beans  
Romaine

Cucumber/Tomatoes

Broccoli

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1/15/2024

Beef Dippers/Cornbread

Chicken Tenders

Hot Dog/Bun

Chicken Patty/Bun

Pizza Crunchers

2/12/2025

Applesauce

Oranges

Pineapple

Banana

Fruit Cup

3/11/2024

Celery/Carrots

Potatoes

Baked Beans  
Romaine

Cucumber/Tomatoes

Broccoli

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1/22/2024

French Toast/Sausage

Chicken Nuggets

Soft Shell Tacos

Cheeseburger/Bun

Pizza

2/19/2024

Applesauce

Oranges

Pineapple

Grapes

Fruit Cup

3/18/2024

Celery/Carrots

Potatoes

Refried Beans  
Romaine

Cucumber/Tomatoes

Broccoli

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1/29/2024

Spaghetti/Cornbread

Chicken Tenders

Corn Dog Nuggets

Chicken Patty/Bun

Pizza

2/26/2024

Applesauce

Oranges

Pineapple

Banana

Fruit Cup

Celery/Carrots

Potatoes

Baked Beans  
Romaine

Cucumber/Tomatoes

Broccoli

FOR MORE  
INFORMATION

OR ASSISTANCE, CALL:

Amy Main

Food Service Director

989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

*This institution is an equal opportunity provider.*