



Central Montcalm Upper Elementary

K-5 Meal Pattern

Updated
3/31/2025

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST
Served Daily
Free to all students

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Muffin	Pancakes or Fr Toast	Cereal w/ Goldfish	Mini Cinni or Bagelful	WG Donuts
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Milk	Milk	Milk	Milk	Milk (Pizza-1st Friday of month)

LUNCH
Served Daily
Free to all students

2nd Choice Daily:
PBJ/Cheese/Crackers

WEEK

Salad Bar available containing fresh and canned fruits and vegetables

OF:	L	U	N	C	H
3/31/2025	Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger/Bun	Calzone
4/28/2025	Applesauce	Oranges	Pineapple	Grapes	Peaches
5/26/2025	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

	L	U	N	C	H
4/7/2025	French Toast/Sausage	Chicken Tenders	Hot Dog/Bun	Ravioli/Cornbread	Pizza
5/5/2025	Applesauce	Oranges	Pineapple	Banana	Pears

Staff \$5.15

	L	U	N	C	H
4/14/2025	Macaroni & Cheese	Chicken Nuggets	Soft Shell Tacos	Chicken Patty/Bun	Pizza Crunchers
5/12/2025	Applesauce	Oranges	Pineapple	Grapes	Peaches
	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

	L	U	N	C	H
4/21/2025	Pancakes/Sausage	Chicken Tenders	Corn Dog Nuggets	Spaghetti/Breadstick	Pizza
5/19/2025	Applesauce	Oranges	Pineapple	Banana	Pears

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:

Amy Main
Food Service Director

989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.