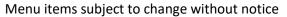
**FRIDAYS** 

Breakfast Pizza

## Central Montcalm Middle School

6-8 meal pattern





**BREAKFAST** 

Served Daily

**MONDAYS** 

WG Donut Holes

All students <u>must</u> have a <u>1/2 cup</u> fruit or vegetable with their <u>meal</u>

## Whole Fruit also available daily WEDNESDAYS

**Burrito or Fruedel** 

**THURSDAYS** 

Cinnamon Roll

Free to all students 6th, 7th & 8th in the cafeteria 7:30 Staff \$3.25		or Cereal or Bar 100% Juice Milk	or Muffin w/Graham Smoothie 100% Juice Milk	or Cereal or Bread 100% Juice Milk	or Muffin w/Graham Smoothie 100% Juice Milk	or Cereal or UBR 100% Juice Milk
		Serving lunch to 6th & 7th grade				
	WEEK Salad Bar available containing fresh and canned fruits and vegetables					
LUNCH	OF:	L	U	N	C	Н
Served Daily		Bosco Sticks/Sauce	Chicken Nuggets/Roll	<b>Doritos Tacos</b>	Cheeseburger/Bun	Calzone
Free to all students	11/3/2025					Beef Dipper/Cornbread
6th & 7th grade	12/1/2025	Applesauce	Oranges	Pineapple	Grapes	Peaches
		Celery/Carrots	Potatoes	Refried Beans	Cucumber/Tomatoes	Broccoli
Other Daily Choices:				Romaine		
Pizza PBJ/Cheese/Crackers	Ī	I	U	N	C	Н
. 20, directo, diddicio		Mozzarella Sticks/Sauce	Popcorn Chicken/Roll	Hot Dog/Bun/Chip	3 Cheese Cavatappi/Bread	Pizza Crunchers
	11/10/2025	or Boxed Salad			ο οποίου συνασμέρη, εποίου	Ravioli
Staff \$5.50	12/8/2025	Applesauce	Oranges	Pineapple	Banana	Pears
·		Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli
	_					
	Ţ	L	U	N	С	Н
		Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Chicken Leg/Roll	Pancake on Stick/Hashbrown
	11/17/2025				Quesadilla	
	12/15/2025	Applesauce	Oranges	Pineapple	Grapes	Peaches
		Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
	Ī	L	U	N	С	Н
	•	Mac & Cheese/Beef Dippers	Chicken Tenders/Roll	Corn Dog Nuggets	Chicken Patty/Bun	Pretzel and Cheese
	11/24/2025	,		or Boxed Salad		French Toast/Sausage
		Applesauce	Oranges	Pineapple	Banana	Pears
FOR MORE INFORMATION		Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli
OR ASSISTANCE, CALL:						
	Amy Main Reduced fat condiments available: ranch, ketchup, bbq, mustard  CM Wellpass Re  CM Wellpass Re					
Food Service Director		Daily Choice of 1% White or Chocolate m	IIIK		CM Wellness Policy found at www.central-montcalm.org	
989-831-2106	We use whole grain rich products				This institution is an equal opportunity provider.	

**TUESDAYS** 

Pancakes or FrToast