



Central Montcalm Middle School

2025

6-8 meal pattern

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST

Served Daily

Free to all students

6th, 7th & 8th
in the cafeteria

7:30

Staff \$3.25

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
WG Donut Holes or Cereal or Bar	Pancakes or FrToast or Muffin w/Graham Smoothie	Burrito or Fruedel or Cereal or Bread	Cinnamon Roll or Muffin w/Graham Smoothie	Breakfast Pizza or Cereal or UBR
100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk

Serving lunch to 6th & 7th grade

Salad Bar available containing fresh and canned fruits and vegetables

LUNCH

Served Daily

Free to all students

6th & 7th grade

Other Daily Choices:

Pizza

PBJ/Cheese/Crackers

WEEK

OF:

11/3/2025

12/1/2025

11/10/2025

12/8/2025

Staff \$5.50

L	U	N	C	H
Bosco Sticks/Sauce	Chicken Nuggets/Roll	Doritos Tacos	Cheeseburger/Bun	Calzone
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Grapes Cucumber/Tomatoes	Beef Dipper/Cornbread Peaches Broccoli

L	U	N	C	H
Mozzarella Sticks/Sauce or Boxed Salad	Popcorn Chicken/Roll	Hot Dog/Bun/Chip	3 Cheese Cavatappi/Bread	Pizza Crunchers
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	Ravioli Pears Broccoli

11/17/2025

12/15/2025

L	U	N	C	H
Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Chicken Leg/Roll	Pancake on Stick/Hashbrown
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Quesadilla Grapes Cucumber/Tomatoes	Peaches Broccoli

11/24/2025

L	U	N	C	H
Mac & Cheese/Beef Dippers	Chicken Tenders/Roll	Corn Dog Nuggets or Boxed Salad	Chicken Patty/Bun	Pretzel and Cheese
Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	French Toast/Sausage Pears Broccoli

FOR MORE

INFORMATION

OR ASSISTANCE, CALL:

Amy Main

Food Service Director

989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org

This institution is an equal opportunity provider.