



Central Montcalm Middle School

6-8 meal pattern

Updated  
3/31/2025

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

**BREAKFAST**  
Served Daily  
Free to all students  
6th, 7th & 8th  
in the cafeteria  
7:30

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
WG Donut Holes or Cereal or Bar	Pancakes or FrToast or Muffin w/Graham Smoothie	Burrito or Fruedel or Cereal or Bar	Cinnamon Roll or Muffin w/Graham Smoothie	Breakfast Pizza or Cereal or Bread
100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk

Serving lunch to 6th & 7th grade

Salad Bar available containing fresh and canned fruits and vegetables

**LUNCH**  
Served Daily  
Free to all students  
6th & 7th grade  
  
Other Daily Choices:  
Pizza  
PBJ/Cheese/Crackers  
Meat Stick/Cheese/Chips  
  
Staff \$5.15

WEEK OF:	L	U	N	C	H
3/31/2025	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Doritos Tacos	Cheeseburger/Bun	Calzone
4/28/2025					Beef Dipper/Cornbread
5/26/2025	Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Grapes Cucumber/Tomatoes	Peaches Broccoli
4/7/2025	Mozzarella Sticks/Sauce	Chicken Tenders/Roll	Hot Dog/Bun/Chip	3 Cheese Cavatappi/Bread	Pizza Crunchers
5/5/2025	or Boxed Salad Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	Pears Broccoli
4/14/2025	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Chicken Leg/Roll	Pancake on Stick/Hashbrown
5/12/2025	Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Quesadilla Grapes Cucumber/Tomatoes	Peaches Broccoli
4/21/2025	Mac & Cheese/Beef Dippers	Chicken Tenders/Roll	Corn Dog Nuggets	Chicken Patty/Bun	Pretzel and Cheese
5/19/2025	Applesauce Celery/Carrots	Oranges Potatoes	or Boxed Salad Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	French Toast/Sausage Pears Broccoli

FOR MORE  
INFORMATION  
OR ASSISTANCE, CALL:  
Amy Main  
Food Service Director  
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard  
Daily Choice of 1% White or Chocolate milk  
We use whole grain rich products

CM Wellness Policy found at [www.central-montcalm.org](http://www.central-montcalm.org)  
*This institution is an equal opportunity provider.*