



Central Montcalm High School

9-12 meal pattern

Updated
3/31/2025

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BREAKFAST Served Daily Free to all students 9th-12th in the cafeteria 7:30	Donut or Cereal or Bar	Pancakes or FrToast or Muffin w/Graham Smoothie 100% Juice Milk	Burrito or Fruedel or Cereal or Bar 100% Juice Milk	Cinnamon Roll or Muffin w/Graham Smoothie 100% Juice Milk	Breakfast Pizza or Cereal or Bread 100% Juice Milk

Serving lunch to 8th-12th grade

	Salad Bar available containing fresh and canned fruits and vegetables					
WEEK OF:	L	U	N	C	H	
LUNCH Served Daily Free to all students Other Daily Choices: Pizza Deli Bar Boxed Salads PBJ/Cheese/Crackers Meat Stick/Yogurt/Chips Staff \$5.15	3/31/2025 4/28/2025 5/26/2025	Bosco Sticks/Sauce Mozz Sticks Applesauce Celery/Carrots	Chicken Nuggets/Roll Oranges Potatoes	Dorito or Soft Shell Tacos Cheeseburger/Bun Pineapple Refried Beans Romaine	Alfredo/Breadtwist Chicken Patty/Bun Grapes Cucumber/Tomatoes	Calzone Beef Dippers/Cornbread Peaches Broccoli
	L	U	N	C	H	
	4/7/2025 5/5/2025	Bosco Sticks/Sauce Mac & Cheese Bites Applesauce Celery/Carrots	Popcorn Chicken/Roll Oranges Potatoes	Hot Dog/Bun/Chip Cheeseburger/Bun Pineapple Baked Beans Romaine	Chicken and Waffle Chicken Patty/Bun Banana Cucumber/Tomatoes	Pizza Crunchers Spaghetti/Breadstick Pears Broccoli
	L	U	N	C	H	
	4/14/2025 5/12/2025	Bosco Sticks/Sauce Ravioli/Breadtwist Applesauce Celery/Carrots	Chicken Nuggets/Roll Oranges Potatoes	Dorito or Soft Shell Tacos Cheeseburger/Bun Pineapple Refried Beans Romaine	Cent-Fil-A/Bun Spicy Chicken/Bun Grapes Cucumber/Tomatoes	Calzone Beef Dippers/Cornbread Peaches Broccoli
	L	U	N	C	H	
	4/21/2025 5/19/2025	Bosco Sticks/Sauce Quesadilla Applesauce Celery/Carrots	Popcorn Chicken/Roll Oranges Potatoes	Corn Dog Nuggets Cheeseburger/Bun Pineapple Baked Beans Romaine	Chinese/Rice Chicken Patty/Bun Banana Cucumber/Tomatoes	Pretzel and Cheese Pizza Crunchers Pears Broccoli

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

FOR MORE INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.

