CMLC

K-5 Meal Pattern



Menu items subject to change without notice

GSRP

All students <u>must</u> have a <u>1/2 cup</u> fruit or vegetable with their <u>meal</u>

Fruit a	and Cr	aicinc	alco	availa	hla
Frill 2	anatr	aisins	ลเรก	avalla	nie

BREAKFAST		MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	
Served Daily							
		Muffin	Pancakes		Cereal	French Toast	
		100% Juice	100% Juice		100% Juice	100% Juice	
		1% White Milk	1% White Milk		1% White Milk	1% White Milk	
	WEEK						
LUNCH	OF:	L	U	N	С	Н	
Served Daily	-	Turkey/Cheese on Bun	Chicken Nuggets		Cheeseburger/Bun	Yogurt/Cheese/Cereal	
	11/3/2025 12/1/2025	Applesauce	Oranges		Grapes	Pineapple	
2nd Choice Daily:	12,1,2023	Celery/Carrots	Potatoes		Beans	Cuke/Tom	
PBJ/Cheese/Crackers		1% White Milk	1% White Milk		1% White Milk	1% White Milk	
		L	U	N	С	Н	
		Boxed Salad w/Crackers	Chicken Tenders		Pizza	Ham/Cheese on Bun	
	11/10/2025 12/8/2025	Applesauce	Peaches		Banana	Fruit	
		Celery/Carrots	Potatoes		Beans	Cuke/Tom	
		1% White Milk	1% White Milk		1% White Milk	1% Chocolate Milk	
		L	U	N	С	Н	
•	_	Turkey/Cheese on Bun	Chicken Nuggets		Hot Dog/Bun	Yogurt/Cheese/Cereal	
	11/17/2025 12/15/2025	Applesauce	Oranges		Grapes	Pineapple	
	, -,	Celery/Carrots	Potatoes		Beans	Cuke/Tom	
		1% White Milk	1% White Milk		1% White Milk	1% White Milk	
		L	U	N	С	Н	
	_	Boxed Salad w/Crackers	Chicken Tenders		Pizza	Ham/Cheese on Bun	
	11/24/2025	Applesauce	Peaches		Banana	Fruit	
FOR MORE		Celery/Carrots	Potatoes		Beans	Cuke/Tom	
INFORMATION OR ASSISTANCE, CALL: Amy Main Food Service Director		1% White Milk	1% White Milk		1% White Milk	1% Chocolate Milk	
989-831-2106	F	Reduced fat condiments available: ranch, l	ketchup, bbq, mustard				
	\	We use whole grain rich products			This institution is an equal opportunity provider.		