



Central Montcalm Elementary

K-5 Meal Pattern

Updated
3/31/2025

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Served Daily	Muffin	Pancakes	Cereal w/Goldfish	Mini Cinni or Bagelful	French Toast or UBR
Free to all students in the Cafeteria	100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk	100% Juice Milk

WEEK OF:	Salad Bar available containing fresh and canned fruits and vegetables				
	L	U	N	C	H
3/31/2025	Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger/Bun	Calzone
4/28/2025	Applesauce	Oranges	Pineapple	Grapes	Peaches
5/26/2025	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

WEEK OF:	Salad Bar available containing fresh and canned fruits and vegetables				
	L	U	N	C	H
4/7/2025	French Toast/Sausage	Chicken Tenders	Hot Dog/Bun	Chicken Patty/Bun	Pizza
5/5/2025	Applesauce	Oranges	Pineapple	Banana	Pears
Staff \$5.15	Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

WEEK OF:	Salad Bar available containing fresh and canned fruits and vegetables				
	L	U	N	C	H
4/14/2025	Sloppy Joe/Bun	Chicken Nuggets	Soft Shell Tacos	Cheeseburger/Bun	Pizza Crunchers
5/12/2025	Applesauce	Oranges	Pineapple	Grapes	Peaches
	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

WEEK OF:	Salad Bar available containing fresh and canned fruits and vegetables				
	L	U	N	C	H
4/21/2025	Mozzarella Sticks	Chicken Tenders	Corn Dog Nuggets	Chicken Patty/Bun	Pizza
5/19/2025	Applesauce	Oranges	Pineapple	Banana	Pears
	Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

FOR MORE INFORMATION OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.