Lunch Prices

K-5	$2.25
6-8	$2.50
9-12	$3.00
Reduced	$0.40
Adults	$4.00
Milk	$0.50

Breakfast served daily

PBJ meal available daily

(includes jamwich, cheese stick, crackers)

Free & Reduced meal forms can be obtained from any building office throughout the school year or www.lunchapp.com

JUST FOR FUN!

Q: How do Eskimos make their beds?

A: With sheets of ice and blankets of snow.

Your child's school day just got healthier! More fruits, vegetables whole-grain rich foods, fat-free and low-fat milk, less fat and sodium, right-size portions are all changes in school meals.

To learn more visit www.fns.usda.gov

Deposits can be make at

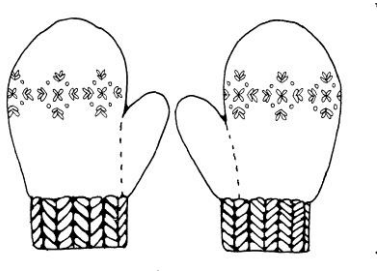
www.sendmoneytoschool.com

FOR MORE INFORMATION OR ASSISTANCE, CALL:

Amy Main

Food Service Director

989-831-2106



Central Montcalm Elementary

K-5 Meal Pattern

January-18

Fruit & Veggie Bar offered daily featuring romaine lettuce, carrots, celery, broccoli, tomatoes, cucumbers, cauliflower, peppers fresh fruit, canned fruit, raisins

All students **must** take a **1/2 cup** fruit or vegetable with their **meal**

Menu items subject to change without notice

Daily Choice of 1% White, Skim

FF Chocolate Milk

We use whole grain rich products

Reduced Fat Condiments Available: ranch,french,salad dress,bbq,mustard ketchup,honey must,promise cups

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/1/2018	**1/2/2018**	**1/3/2018**	**1/4/2018**	**1/5/2018**
		Cheese Pizza Baked Beans Mandarin Oranges	Beef Spaghetti w/Breadstick Corn Banana	Pepperoni Hot Pocket Steamed Broccoli Fruit Juice
1/8/2018	**1/9/2018**	**1/10/2018**	**1/11/2018**	**1/12/2018**
Chicken Patty on Bun Sweet Potato Applesauce	Popcorn Chicken w/Roll Hashbrown Peaches	Doritos Tacos Refried Beans Pears	Pepperoni Pizza Green Beans Banana 1/2 Day	Cinn Fr Toast/Sausage Romaine Cinnamon Apple Crunch 1/2 Day
1/15/2018	**1/16/2018**	**1/17/2018**	**1/18/2018**	**1/19/2018**
Bosco Sticks/Sauce Carrot Coins Applesauce	Chicken Nuggets w/Cheezitz Whipped Potatoes Mixed Fruit	Macaroni & Cheese Baked Beans Mandarin Oranges	Cheese Pizza Corn Banana	Corn Dog Steamed Broccoli Fruit Juice
1/22/2018	**1/23/2018**	**1/24/2018**	**1/25/2018**	**1/26/2018**
Pepperoni Pizza Sweet Potato Applesauce	Popcorn Chicken w/Roll Oven Fries Peaches	Beef Tacos/Soft Shells Refried Beans Pears 2 hour early release	Chicken Patty on a Bun Green Beans Banana	Cheese Quesadilla Romaine Sorbet Cup
1/29/2018	**1/30/2018**	**1/31/2018**	**2/1/2018**	**2/2/2018**
Hamburger on a Bun Carrot Coins Applesauce	Chicken Rings w/Roll Hashbrowns Mixed Fruit	Hot Dog on a Bun Baked Beans Mandarin Oranges	Turkey & Cheese Wrap Corn Banana	Cheese Pizza Steamed Broccoli Fruit Juice

This institution is an equal opportunity provider.