

Breakfast



Lunch Menus

Central Montcalm Upper Elementary

K-5 Meal Pattern

Menu items subject to change without notice

Updated

4/1/2024

All students must have a 1/2 cup fruit or vegetable with their meal



Whole Fruit also available daily

BREAKFAST
Served Daily
Free to all students
in the Cafeteria

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Muffin 100% Juice Milk	Pancakes or Fr Toast 100% Juice Milk	Cereal w/ Goldfish 100% Juice Milk	Mini Cinni or Bagelful 100% Juice Milk	Breakfast Pizza 100% Juice Milk

WEEK OF:

Salad Bar available containing fresh and canned fruits and vegetables

LUNCH
Served Daily
Free to all students

2nd Choice Daily:
PBJ/Cheese/Crackers

L	U	N	C	H
4/1/2024 Bosco Sticks/Sauce	4/1/2024 Chicken Nuggets	4/1/2024 Doritos Tacos	4/1/2024 Cheeseburger/Bun	4/1/2024 Calzone
4/29/2024 Applesauce	4/29/2024 Oranges	4/29/2024 Pineapple	4/29/2024 Grapes	4/29/2024 Fruit Cup
5/27/2024 Celery/Carrots	5/27/2024 Potatoes	5/27/2024 Refried Beans Romaine	5/27/2024 Cucumber/Tomatoes	5/27/2024 Broccoli

L	U	N	C	H
4/8/2024 Macaroni & Cheese	4/8/2024 Chicken Tenders	4/8/2024 Hot Dog/Bun	4/8/2024 Chicken Patty/Bun	4/8/2024 Pizza Crunchers
5/6/2024 Applesauce	5/6/2024 Oranges	5/6/2024 Pineapple	5/6/2024 Banana	5/6/2024 Fruit Cup
Staff \$5.05 Celery/Carrots	Staff \$5.05 Potatoes	Staff \$5.05 Baked Beans Romaine	Staff \$5.05 Cucumber/Tomatoes	Staff \$5.05 Broccoli

L	U	N	C	H
4/15/2024 French Toast/Sausage	4/15/2024 Chicken Nuggets	4/15/2024 Soft Shell Tacos	4/15/2024 Ravioli/Cornbread	4/15/2024 Pizza
5/13/2024 Applesauce	5/13/2024 Oranges	5/13/2024 Pineapple	5/13/2024 Grapes	5/13/2024 Fruit Cup
Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli

L	U	N	C	H
4/22/2024 Pancakes/Sausage	4/22/2024 Chicken Tenders	4/22/2024 Corn Dog Nuggets	4/22/2024 Spaghetti/Breadstick	4/22/2024 Mozzarella Sticks
5/20/2024 Applesauce	5/20/2024 Oranges	5/20/2024 Pineapple	5/20/2024 Banana	5/20/2024 Fruit Cup
Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

This institution is an equal opportunity provider.