

Breakfast



Lunch Menus

Central Montcalm Middle School

6-8 meal pattern

Menu items subject to change without notice

Updated

4/1/2024



All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST

Served Daily
Free to all students
6th, 7th & 8th
in the cafeteria
7:10

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Donut or Cereal or Bar 100% Juice Milk	Pancakes or FrToast or Muffin w/Graham 100% Juice Milk	Burrito or Fruedel or Cereal or Bar 100% Juice Milk	Cinnamon Roll or Muffin w/Graham 100% Juice Milk	Breakfast Pizza or Cereal or Bar 100% Juice Milk

Serving lunch to 6th & 7th grade

Salad Bar available containing fresh and canned fruits and vegetables

LUNCH

Served Daily
Free to all students
6th & 7th grade

Other Daily Choices:
Pizza
PBJ/Cheese/Crackers

Staff \$5.05

WEEK OF:

WEEK OF:	L	U	N	C	H
4/1/2024	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Doritos Tacos	Cheeseburger/Bun	Calzone
4/29/2024	Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Grapes Cucumber/Tomatoes	Cheese Quesadilla 100% Juice Broccoli
5/27/2024	Mozzarella Sticks/Sauce or Boxed Salad	Chicken Tenders/Roll	Hot Dog/Bun/Chip	Spaghetti/Cornbread	Pizza Crunchers
4/8/2024	Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	Fruit Cup Broccoli
5/6/2024	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Chicken Leg/Roll	Ravioli/Cornbread
4/15/2024	Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Refried Beans Romaine	Grapes Cucumber/Tomatoes	100% Juice Broccoli
5/13/2024	Mac & Cheese/Beef Dippers	Chicken Tenders/Roll	Corn Dog Nuggets or Boxed Salad	Chicken Patty/Bun	Pretzel and Cheese French Toast/Sausage
4/22/2024	Applesauce Celery/Carrots	Oranges Potatoes	Pineapple Baked Beans Romaine	Banana Cucumber/Tomatoes	Fruit Cup Broccoli
5/20/2024					

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.