

Breakfast



Lunch Menus

Central Montcalm Elementary

K-5 Meal Pattern

Menu items subject to change without notice

Updated
4/1/2024

All students must have a 1/2 cup fruit or vegetable with their meal



Whole Fruit also available daily

BREAKFAST
Served Daily
Free to all students
in the Cafeteria

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Muffin 100% Juice Milk	Pancakes or Fr Toast 100% Juice Milk	Cereal w/Goldfish 100% Juice Milk	Mini Cinni or Bagelful 100% Juice Milk	Egg/Sausage Sandwich 100% Juice Milk

WEEK OF:

Salad Bar available containing fresh and canned fruits and vegetables

LUNCH
Served Daily
Free to all students

2nd Choice Daily:
PBJ/Cheese/Crackers

L	U	N	C	H
4/1/2024 Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger/Bun	Calzone
4/29/2024 Applesauce	Oranges	Pineapple	Grapes	Fruit Cup
5/27/2024 Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
4/8/2024 Beef Dippers/Cornbread	Chicken Tenders	Hot Dog/Bun	Chicken Patty/Bun	Pizza Crunchers
5/6/2024 Applesauce	Oranges	Pineapple	Banana	Fruit Cup
Staff \$5.05 Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli
4/15/2024 French Toast/Sausage	Chicken Nuggets	Soft Shell Tacos	Cheeseburger/Bun	Pizza
5/13/2024 Applesauce	Oranges	Pineapple	Grapes	Fruit Cup
Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
4/22/2024 Pretzel & Cheese	Chicken Tenders	Corn Dog Nuggets	Chicken Patty/Bun	Pizza
5/20/2024 Applesauce	Oranges	Pineapple	Banana	Fruit Cup
Celery/Carrots	Potatoes	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.